

407 SUMMARY TIMETABLE



Monday to Saturday journeys
are operated by First Essex



Valid from Sunday 11th January 2026

Old Harlow > Ascent Park > Harlow Bus Station > Princess Alexandra Hospital

SUNDAY | And Bank Holidays

Please note: Additional journeys between Harlow & Princess Alexandra Hospital are provided by Service 26A on Sundays.

Buses towards Princess Alexandra Hospital	407													
Old Harlow, Aspen Way	06:05	07:05	08:05	09:05	10:05	11:05	12:05	13:05	14:05	15:05	16:05	17:05	18:05	19:05
Old Harlow, Post Office	06:10	07:10	08:10	09:10	10:10	11:10	12:10	13:10	14:10	15:10	16:10	17:10	18:10	19:10
Ascent Park	06:13	07:13	08:13	09:13	10:13	11:13	12:13	13:13	14:13	15:13	16:13	17:13	18:13	19:13
Harlow, Town Railway Station	06:19	07:19	08:19	09:19	10:19	11:19	12:19	13:19	14:19	15:19	16:19	17:19	18:19	19:19
Harlow, Bus Station, Stand E, arrive	06:25	07:25	08:25	09:25	10:25	11:25	12:25	13:25	14:25	15:25	16:25	17:25	18:25	19:25
Harlow, Bus Station, Stand E, depart	06:27	07:27	08:27	09:27	10:27	11:27	12:27	13:27	14:27	15:27	16:27	17:27	18:27	19:27
Princess Alexandra Hospital	06:30	07:30	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30	19:30
Buses towards Old Harlow	407													
Princess Alexandra Hospital	06:35	07:35	08:35	09:35	10:35	11:35	12:35	13:35	14:35	15:35	16:35	17:35	18:35	19:35
Harlow, Bus Station, Stand F, arrive	06:37	07:37	08:37	09:37	10:37	11:37	12:37	13:37	14:37	15:37	16:37	17:37	18:37	19:37
Harlow, Bus Station, Stand F, depart	06:40	07:40	08:40	09:40	10:40	11:40	12:40	13:40	14:40	15:40	16:40	17:40	18:40	19:40
Harlow, Town Railway Station	06:46	07:46	08:46	09:46	10:46	11:46	12:46	13:46	14:46	15:46	16:46	17:46	18:46	19:46
Ascent Park	06:52	07:52	08:52	09:52	10:52	11:52	12:52	13:52	14:52	15:52	16:52	17:52	18:52	19:52
Old Harlow, Post Office	06:55	07:55	08:55	09:55	10:55	11:55	12:55	13:55	14:55	15:55	16:55	17:55	18:55	19:55
Old Harlow, Aspen Way	06:59	07:59	08:59	09:59	10:59	11:59	12:59	13:59	14:59	15:59	16:59	17:59	18:59	19:59

